

Demographics

The “Baby Blues”

- 80% of all new mothers may have this mild form of depression

Onset

- Usually begins between 3 and 14 days postpartum.
- Symptoms may last only a few days or weeks.

Note: 20% of women with baby blues go on to develop postpartum depression

Postpartum Depression

- Affects 25% of new mothers
- 10–29% of women in general perinatal population
- Up to 60% or more in high-risk populations:
(i.e. teenage mothers, underserved/minority women, unsupported women)

Onset

- Can occur from first days after birth to anytime during first year
- Can last from months to two years

Note: Previous PPD incidents puts a woman at a 50 to 80% higher risk of recurrence

Postpartum Psychosis

- Affects one to two new mothers per 1,000

Onset

- Can occur right away or a couple of weeks after giving birth

Note: PPP may result in a 5% suicide rate and a 4% infanticide rate