Demographics

The “Baby Blues”

• 80% of all new mothers may have this mild form of depression

**Onset**

• Usually begins between 3 and 14 days postpartum.
• Symptoms may last only a few days or weeks.

**Note:** 20% of women with baby blues go on to develop postpartum depression

Postpartum Depression

• Affects 25% of new mothers
• 10–29% of women in general perinatal population
• Up to 60% or more in high-risk populations:
  (i.e. teenage mothers, underserved/minority women, unsupported women)

**Onset**

• Can occur from first days after birth to anytime during first year
• Can last from months to two years

**Note:** Previous PPD incidents puts a woman at a 50 to 80% higher risk of recurrence

Postpartum Psychosis

• Affects one to two new mothers per 1,000

**Onset**

• Can occur right away or a couple of weeks after giving birth

**Note:** PPP may result in a 5% suicide rate and a 4% infanticide rate