Greensburg Community School Corporation
Curriculum
Child Development

Prepared by

Mrs. Shirley Montgomery

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Greensburg Community Schools

<u>Mission Statement</u>

The mission of the Greensburg Community School Corporation is to provide and promote lifelong learning through its commitment to quality educational programs that prepare the students to be effective, successful, and responsible citizens. This is to be accomplished in a financially prudent manner.

Greensburg Community Schools
Child Development
Narrative Description

COURSE DESCRIPTION

CHILD DEVELOPMENT addresses the knowledge, skills, attitudes, and behaviors associated with supporting and promoting optimal growth and development of infants and children. The focus is on research-based nurturing and parenting practices and skills, including brain development research, that support positive development of children. Topics include consideration of the roles, responsibilities and challenges of parenthood; human sexuality; adolescent pregnancy; prenatal development; preparation for birth; the birth process; meeting the physical, social, emotional, intellectual, moral, and cultural growth and developmental needs of infants and children; impacts of heredity, environment, and family and societal crisis on development of the child; meeting children's needs for food, clothing, shelter, and care giving; caring for children with special needs; parental resources, services, and agencies; and career awareness.

Topics include living independently and family formation; analysis of personal standards, needs, aptitudes and goals; integration of family, community, and career responsibilities; consumer choices and decision making related to nutrition and wellness, clothing, housing, and transportation; financial management; relationship of technology and environmental issues to family and consumer resources; and community roles and responsibilities of families and individuals.

Child Development
Course Concepts and Generalizations

1. Application management, decision-making, and problem solving skills to parenting and child development situations.
2. Interrelationships of communication, leadership, and management to family and community situations.
3. The biological process from conception to early childhood.
4. Rights and responsibilities of parents and adolescents
5. Parenting roles, expectations, and responsibilities across the life span
6. Parenting styles and practices that maximize growth and development
7. The roles of the family unit in transmitting societal expectations, moral standards, culture, and traditions
8. External support systems that provide services for parents and caregivers

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Child Development

Units of Study

UNITS/AREA OF STUDY	LENGTH OF TIME
l. Understanding parenting	3 weeks
2. Pregnancy and child birth	8 weeks
3. Caring for children	2 weeks
4. Nurturing and guiding children	5 weeks

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Child Development

Unit Plan
Understanding Parenting

Individual Learner Objectives

1. Assess the impact of parenting on individuals, families, and society.
2. Describe family functions, family structures, and the stages of the family cycle.
3. Identify characteristics of responsible parenting.
4. Identify factors that indicate readiness for parenting.
5. Identify effective parenting skills.
6. Identify resources and support for teen parents.

Subject Outline

I.   Parenting and Families
   - A. Parenting Yesterday and Today
   - B. Functions of the Family
   - C. Family Structures
   - D. Family Culture
   - E. The Family Life Cycle
   - F. Building Strong Families

II.   Responsible Parenting
   - A. Parenting myths and realities
   - B. Parenting rewards
   - C. Parenting responsibilities
   - D. Legal rights and responsibilities
   - E. Child abuse and neglect

III.   Personal Readiness
   - A. Self-assessment and readiness factors
   - B. Financial planning
   - C. Educate yourself

IV.   Understanding Child Development
   - A. Principles of child development
   - B. Factors that influence child development
   - C. Child development theories
   - D. Child development stages

V.   Effective Parenting Skills
   - A. Management skills
   - B. Interpersonal skills
   - C. Qualities for successful parenting
   - D. Parenting styles
   - E. Building skills

VI.   Teens and Parenting
   - A. Factors leading to teen pregnancy
   - B. Health risks
   - C. Challenges for teen parents
   - D. Options, rights, and responsibilities
   - E. Sources of support

TECHNOLOGY INFUSION

Video
Computer

EVALUATION

Written tests
Individual project
Role play

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Child Development

Unit Plan
Pregnancy and Child Birth

Individual Learner Objectives

1. Identify reasons for planning a family.

2. Explain how to prepare for a healthy parenthood.

3. Identify the stages of conception, pregnancy, and delivery.

4. Examine financial issues that expectant parents must consider.

5. Analyze basic decisions to be made about baby care.

6. Identity proper care during the maternity process.

7. Analyze the changes and adaptations necessary when a child is born.

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Child Development
Pregnancy and Child Birth

Unit Outline

I.Planning a Family
       Why plan a family?
       Preparing for healthy parenthood
       The reproductive process.
       Understanding Genetics
       Alternative methods to becoming a parent

Prenatal Development
       Development before birth
       Problems in prenatal development
       Prenatal testing

A Healthy Pregnancy
       The pregnancy test
       Prenatal medical care
       Physical and emotional changes
       Nutrition during pregnancy
       Avoiding health risks

Preparing for Baby's Arrival
       Preparing for childbirth
       Financial planning
       Baby ca re decisions
       Items necessary for baby

The Birth Process
       Signs of labor
       Stages of labor
       Postnatal care
       Hospital stay

Adapting to Parenthood
       Recovery after childbirth
       Challenges for new parents
       Couples as parents
       Helping siblings adjust

TECHNOLOGY INFUSION

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Child Development Curriculum

Caring for Children
Unit Plan

Individual Learner Objectives

l. Identify health and safety issues for children.
2. Analyze the physical, intellectual, emotional, and social development and changes of infants and small children.
3. Identify the proper and safe methods for feeding, and caring for infants and small children.
4. Identify methods of promoting infant development through parental interactions.
5. Identify the physical needs of infants and small children and how to meet those needs.

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Child Development
Caring for Children

Unit Outline

I.   Understanding Infants
A. Infant growth and development
B. Physical development
C. Intellectual development
D. Emotional development
E. Social development
F. Moral development

II.   Caring for Infants
        A. Handling an infant
        B. Feeding an infant
        C. Diapering and clothing needs
        D. Bathing an infant
        E. Sleeping needs
        F. Medical care for infants
        G. Promoting infant development

III.   Meeting children's Physical Needs
        A. Physical growth and development
        B. Promoting nutrition and fitness
        C. Motor development
        D. Hygiene skills
        E. Good sleeping habits
        F. Proper clothing

IV.   Health and Safety
        A. Preventive health care
        B. What to do for an illness
        C. Safety in the home and away
        D. Injuries and emergencies

TECHNOLOGY INFUSION

Videos
Computer

EVALUATION

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Child Development

Nurturing and Guiding Children
Unit Plan

Individual Learner Objectives

1. Identify the patterns of brain and intellectual development in children.
2. Analyze methods to help children learn skills for physical, mental, social, and emotional development.
3. Identify the emotional development process and how to handle difficult emotions and stress.
4. Identify important social skills and how to development them in children.
5. Analyze the value of plan and identify positive play activities and experiences.

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Child Development
Nurturing and Guiding Children

Unit Outline

I.   Helping Children Learn
        A. Brain Development and patterns of intellectual redevelopment
        B. Methods for parents to promote concept development and thinking skills
        C. Methods for parents to promote language and math skills

II.   Meeting Children's Emotional Needs
        A. Emotional development
        B. How and self-image and self-esteem promote emotional development
        C. Handling difficult emotions
        D. Children and stress
        E. Serious emotional problems

III.   Helping Children Relate to Others
        A. Socializing with family members
        B. Relating to peers and adults
        C. Teaching social skills
        D. Appreciating diversity

IV.   The Value of Play
        A. Understanding play
        B. Parents' role in play
        C. Choosing safe toys
        D. Guiding play activities
        E. Making play a priority

TECHNOLOGY INFUSION

Videos
Computer

EVALUATION

Written tests
Individual project
Role play